



Berryville Medical Office Building  
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## **SELF-PAY SERVICE BROCHURE**

### **SELF PAY RATES**

45 Minute Evaluation ~ \$100

60 Minute Evaluation ~ \$125

15 Minute Treatment ~ \$55

30 Minute Treatment ~ \$70

45 Minute Treatment ~ \$90

60 Minute Treatment ~ \$110

**[INCLUDES SUPPLY]**

### **OUR MISSION STATEMENT**

Berryville Physical Therapy & Wellness exists to improve the health and well-being of our local community through the delivery of comprehensive and compassionate physical therapy, medical exercise, and athletic enhancement programs.

Updated 5.15.24

### **Self-Pay Laser Therapy**

Laser Therapy is an FDA approved modality that reduces inflammation and leads to reduced pain. The treatments are safe, fast and effective. LightForce© Therapy Lasers help people reduce their dependence on prescription pain killers, can prevent surgery from being needed or help you heal after surgery.

### **Self-Pay Physical Therapy**

Physical Therapy is a powerful tool in your toolbox for quality health. Physical Therapists are specialists on the muscular-skeletal system and are quite often able to help you feel better without expensive tests, surgeries and addictive medications. Don't let lack of insurance keep you from getting the help you need. We have great self-pay rates and payment plans available.

### **Dry Needling Information**

Dry Needling has a growing body of evidence supporting its effectiveness for many conditions.

- Some insurances cover it with a fee schedule and possible patient responsibility we follow.
- Some insurances deem it "Non-Covered" and we have a self-pay add on fee we apply.
- Some insurances continue to deem it "Experimental," "Not Medically Necessary" or "Not Allowed"

If we are a contracted provider with an insurance company that deems it "Experimental," "Not Medically Necessary" or "Not Allowed," we are bound to agree with their decision and then we cannot even recommend Dry Needling in your Physical Therapy plan of care.

As a patient whose insurance deems Dry Needling "Experimental," "Not Medically Necessary" or "Not Allowed," you may request Dry Needling, but this request has to be initiated by you. If you request it, you may receive Dry Needling completely separate from your Physical Therapy plan of care.

For your convenience, we can make an effort to schedule your Physical Therapy visit and your Dry Needling visit back to back when possible, but we want it to be clear these would be separate & distinct appointments –one being a PT visit covered by ins. terms, and one being a self-pay Dry Needling visit paid by you.

Dry Needling according to our self-pay rates, typically is performed in a 30 Minute appointment.